



# Taming TV!

**Learn problem solving tricks for replacing  
screen-time with playtime**



**Friday, May 19, 5:30 p.m. or 6:00 p.m.**

**Door prizes will be available to all participants**

**UF** | IFAS Extension  
UNIVERSITY of FLORIDA



The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-866-762-2237. TTY/TTD/FRS dial 711. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider.