

# Strawberry-Lime Water

## Ingredients

- 1/3 cup sliced strawberries
- 1 lime (sliced)
- 1 ½ quart cold water
- \* You could replace the lime with lemons for a refreshing twist.

## Instructions

- Wash your hands with soap and water, then gather all your kitchen gear and ingredients and put them on a clean counter.
- Add the lime and strawberry slices to the water. Stir, and put the pitcher in the fridge for at least 15 minutes. Strain out the lime and strawberries, if you like, and enjoy!



The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-866-762-2237. TTY/TTD/FRS dial 711. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. This institution is opportunity provider.